

## Bible Verses Anger

Proverbs 16:32

*He who is slow to anger is better than the mighty,  
And he who rules his spirit than he who takes a city.*

Ephesians 4:26-27

“Be angry, and do not sin”: do not let the sun go down on your wrath, <sup>27</sup> nor give place to the devil.

Ephesians 4:29-32

Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.

Proverbs 29:11

A fool vents all his feelings, But a wise *man* holds them back.

Proverbs 19:11

The discretion of a man makes him slow to anger,  
And his glory *is* to overlook a transgression.

Proverbs 19:11 NLT

Sensible people control their temper;  
they earn respect by overlooking wrongs.

Proverbs 15:1

A soft answer turns away wrath,  
But a harsh word stirs up anger.

Proverbs 15:18

A wrathful man stirs up strife,  
But *he who is* slow to anger allays contention.

Colossians 3:8

But now you yourselves are to put off all these: anger, wrath, malice, blasphemy, filthy language out of your mouth.

Psalm 37:8

Cease from anger, and forsake wrath; Do not fret—*it only causes harm.*

Proverbs 14:29

He who is slow to wrath has great understanding,  
But he who is impulsive exalts folly.

John 14:16-17

And I will pray the Father, and He will give you another Helper, that He may abide with you forever— <sup>17</sup> the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you.

Galatians 5:16-17 NLT

So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves. <sup>17</sup> The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions.

Romans 8:26-28

And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words. <sup>27</sup> And the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God's own will. And we know that all things work together for good to those who love God, to those who are called according to *His* purpose.

John 8:36

Therefore if the Son makes you free, you shall be free indeed.

Ephesians 4:22-24 NLT

throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. <sup>23</sup> Instead, let the Spirit renew your thoughts and attitudes. <sup>24</sup> Put on your new nature, created to be like God—truly righteous and holy.

Romans 8:5

For those who live according to the flesh set their minds on the things of the flesh, but those *who live* according to the Spirit, the things of the Spirit. For I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but *how* to perform what is good I do not find. <sup>19</sup> For the good that I will *to do*, I do not do; but the evil I will not *to do*, that I practice.

Philippians 3:13-14

Brethren, I do not count myself to have apprehended; but one thing *I do*, forgetting those things which are behind and reaching forward to those things which are ahead, <sup>14</sup> I press toward the goal for the prize of the upward call of God in Christ Jesus.

Philippians 1:6

being confident of this very thing, that He who has begun a good work in you will complete *it* until the day of Jesus Christ;

Romans 12:2

And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what *is* that good and acceptable and perfect will of God.

Romans 13:14

But put on the Lord Jesus Christ, and make no provision for the flesh, to *fulfill its* lusts.

I Corinthians 15:33

Do not be deceived: "Evil company corrupts good habits."

I Corinthians 10:13

No temptation has overtaken you except such as is common to man; but God *is* faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear *it*.

James 1:12

Blessed *is* the man who endures temptation; for when he has been approved, he will receive the crown of life which the Lord has promised to those who love Him.

James 4:7-8

Therefore submit to God. Resist the devil and he will flee from you. <sup>8</sup> Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts you double minded-minded.